



# National Coaching Committee Newsletter

1<sup>st</sup> July 2006

Number 4

## NCC COMMITTEE

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Manager  
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**"The Grand National Archery Society's Coaching Organisation will provide world class coaching to all members of the Grand National Archery Society."**

## Coach Development

### Coaching Numbers.

The current figures Nationally are:

Senior 34  
County 160  
Coach 589  
Level 1 457  
Leader 9754

### Levels 2 & 3

The work is ongoing in the production of the Level 2 & 3 courses. Level 2 will consist of a range of modules and sub modules. Level 3 will contain similar modules at a greater depth. Modules:

Communication Skills: *Managing people, Interpersonal skills, Providing (imparting) information, Providing feedback, Recording information and Obtaining information.*

Equipment Knowledge: *Basic understanding of 3 Bow types, Specialist knowledge of 1 bow type, Arrows, strings ancillaries, stabilisation (basic stabilisation) – as above, why put on what to put on.*

Health & Safety: *Be capable of ensuring that there is adequate 1<sup>st</sup> aid provision available, recording and reporting injuries, Dealing with unsafe equipment, Management of risk, Injury relevant to sport & knowledge*

Teaching & Coaching Planning: *Observation analysis, Ensure practice of level 1s remain at required level, Technique, Basic biomechanics of archery, balance, etc, Understand established techniques and apply these for a range of bow styles.*

Tutoring & Mentoring Optional Module: *Personal Development Portfolio management, CPD events, Motivation for Coaches.*

As a result **the last registration for the old style Coach Course is December 06 with the exam to be completed by May 08.**

# Coach Development Conference

The Coaching Development Conference was held over the weekend of 21-23 April. 70 delegates and staff attended comprising: 6 RCO's or their nominated deputies, 37 CCO's or their nominated deputies 23 Senior Coaches, 3 Trainee Senior Coaches and 8 speakers / guests. The guests were, NCC Chairman Pete Pendrey, GNAS Chairman Lynne Evans, and GNAS Director Development Eric Jackson & GNAS Performance Manager Barry Eley.

The regional breakdown was:

EMAS:	10	GWAS:	6	NI:	2	NCAS:	14
SAA:	5	SCAS:	19	WAA:	6	WMAS:	5
Guests	3						

The programme for the weekend was very full and varied, covering the whole range of current coaching issues.

2012

Communications

Recognition & Reward

scUK Action Plan for Coaching

Targeting areas where coaching is weak or non-existent

The changing roles of RCO's & CCO's in the UKCC environment

The new renewal process

The Performance Unit

UKCC level 1

UKCC levels 2 & 3

There was a 'Thank You' Dinner and this was very well received.

The 2007 conference will take place 30<sup>th</sup> March – 1<sup>st</sup> April 2007

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## scUK Action Plan for Coaching

Arising from the government's sporting agenda and associated wider issues, such as health and social inclusion, and not forgetting the successful 2012 Olympic bid came the need for the development and implementation of an action plan which will look to address all of the aforementioned issues surrounding coaching and the increasing significance it will play leading up to 2012 and beyond. The importance of a UK-wide sporting and coaching legacy can not be underestimated and to this end sports coach UK, the lead national agency for coaching, was tasked with the development of The UK Action Plan for Coaching.

The UK Action Plan for Coaching will address the structure, resources and resultant outcomes of the proposed coaching system along with agreeing optimal working arrangements within all key partner and third party organisations.

The vision the Action Plan will strive for is: **A cohesive, ethical and valued coaching system where children, players and athletes are supported by appropriately skilled coaches at all stages of their development in sport and which is number one in the world by 2016, bench-marked against international best practice.**

The National Governing Bodies of Sport have been key in developing the plan leading up to an extensive consultation process, which culminated at the UK Coaching Summit held on 26 and 27MAY 2006. The second draft of The Plan has now been finalised on the basis of the mandate arising from the Summit and sets out the goals for the UK Coaching System. The Plan can now be viewed, along with full details of the process to date, on the sports coach UK website [www.sportscoachuk.org](http://www.sportscoachuk.org) and we invite your comments and feedback on the document to [ukapc@sportscoachuk.org](mailto:ukapc@sportscoachuk.org) by 28 July 2006.

## RCO Contact Details

The RCO names and e-mail addresses have been added to the Register of Coaches on the Coaching page of the GNAS Website.